

LED Chromotherapy



What Is Chromotherapy?

Since 1876, color has been instrumental in the diagnosis and treatment of illness for centuries. The usage of light waves to treat ailments in the mind and body is called Chromotherapy. According to the therapy, individual wavelengths of light have different healing properties. For instance the color **blue** stimulates the parasympathetic system, can reduce blood pressure, and can help calm both breathing and heart-rate. It has an anti-inflammatory and muscle relaxing effect and can be used to develop personal expression, clear communication, confidence in speaking, mental relaxation, and knowledge. Who knew what an effect a single color could have on our overall being.

Benefits of Chromotherapy

These lights rotate between several colors to create an aura of healing and relaxation. You have the option to pause on the color of your choice if you have a preference. The lights, while not blindingly bright, illuminate the entirety of the water and whisk you away to another place. When used in conjunction with the air or hydro massage jets, you'll find yourself rejuvenated like never before.

These light kits come pre-installed with the purchase of a dual jetted system, but are shipped uninstalled when purchased without dual jets. Your plumber will need to drill a hole for the light and control button.

- **Red** : Stimulates the circulatory system and promotes vitality and energy.
- **Orange** : Stimulates the respiratory and nervous systems.
- **Yellow** : Energizes, intellectual stimulation, fortifies and relaxes.
- **Green** : Calms the nervous system and harmonizes emotions.
- **Turquoise** : Relaxes the intellect and appeases pain.
- **Blue** : Opens the spirit and promotes peace and tranquility.
- **Magenta** : Harmonizes emotions.

Aromatherapy

Scents for the pleasure of your senses...

The first role of aromatherapy is to stimulate and reinforce our bodies' natural defenses by inducing a state of relaxation and general well-being of the central nervous system.

Natural plant extracts known as essential oils are used for aromatherapy. These oils are made through vapour distillation and the careful extraction or pressurization of the fragrant matter contained in the plants.

Aromatherapy can help eradicate stress, anxiety and depression to bring you one step closer to clarity of mind. No more going through the hassle of buying and setting up candles. Aromatherapy will accomplish the task of whisking you away to further your relaxation.

Our Aromatherapy system works by untwisting the cap and adding your favorite scent. Once it is turned on, the water is diffused and injected into the air using a pump, creating a pleasant aroma all around your tub.

Benefits

- If you lack energy, choose an invigorating essential oil such as thyme or rosemary, to be used preferably in the morning. These essences are also good for digestive problems.
- **Sore and swollen legs:** At the end of the day, you have sore feet or heavy and swollen legs, chose an essence for better circulation such as lemon, cypress or juniper.
- **Prevent respiratory infections:** Feeling a cold or flu coming on? Balsamic or anti-infection essences such as pine or eucalyptus will help you get through the symptoms.
- **Insomnia :** You have trouble sleeping or need extra rest? Take a relaxing bath with lavender essence oil.
 - **Note:** people with some conditions (allergies, pregnancy, skin issues, etc.) should not use essential oils. Please ask your doctor re: safe use of essential oils.

Aromatherapy kits come pre-installed with the purchase of a hydro jetted system, but are shipped uninstalled when purchased without dual jets. Your plumber will need to drill a hole for the control button.

This aromatherapy kit requires electrical service under the tub. If you wish to include aromatherapy on a soaker tub without electrical service, call our office for information and pricing on a manual aromatherapy kit.